



SEASIDE SPA ESCAPE

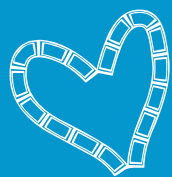
ENJOY

SPA AND WELLNESS

EXPERIENCE

HOTEL
NOORDZEE



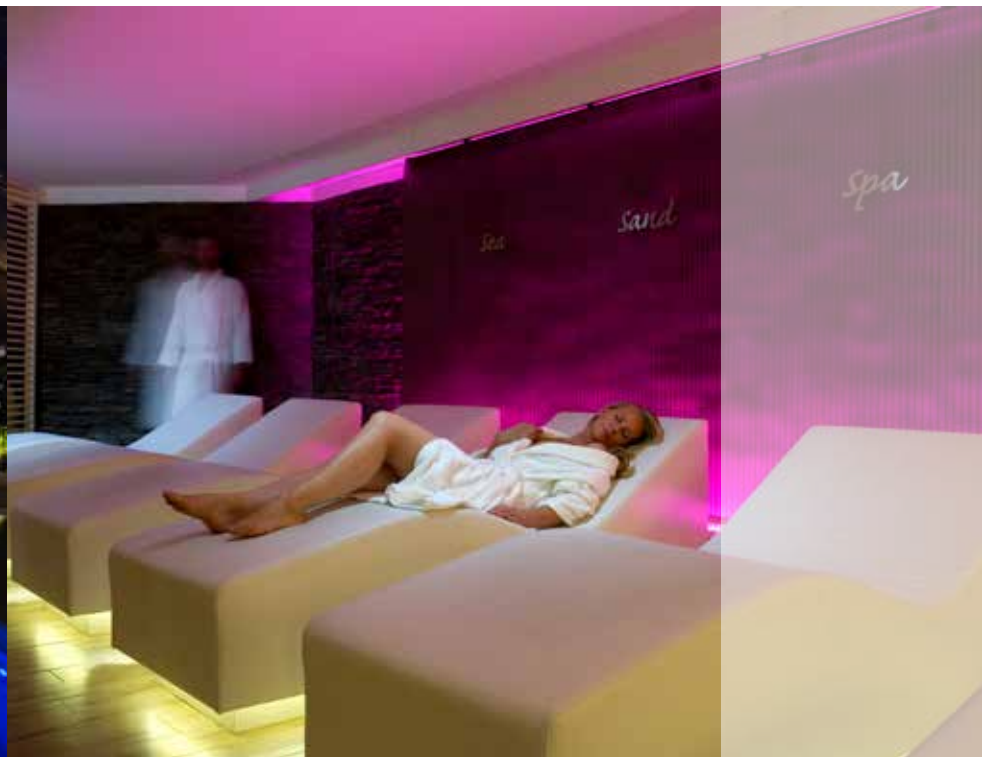
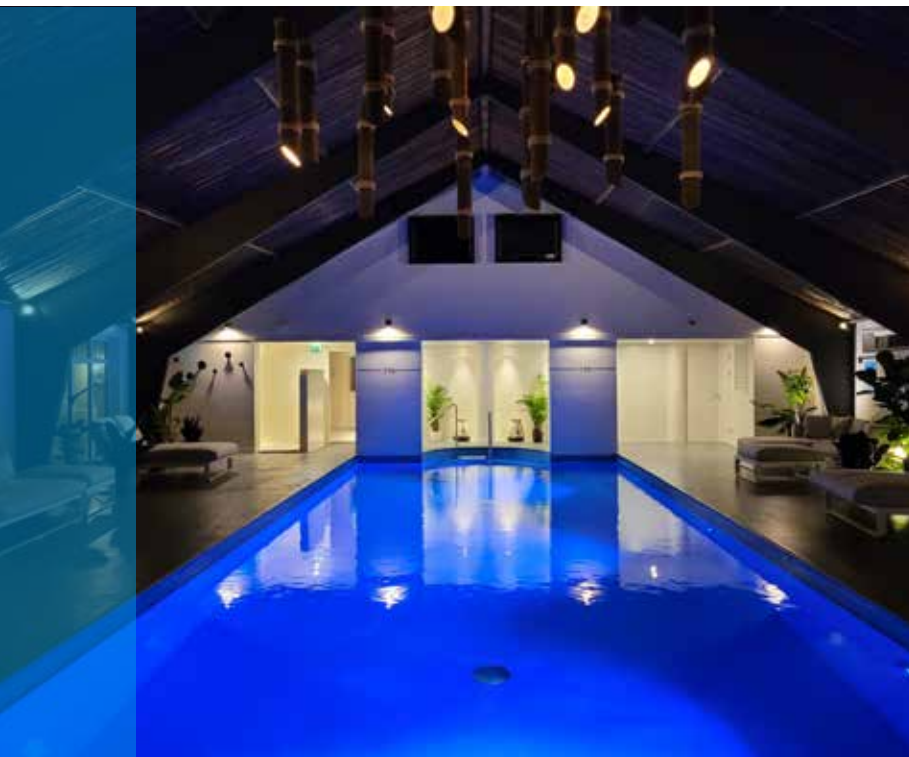


* HOTEL NOORDZEE *



WELCOME





For generations, at Noordzee Hotel & Spa, we have wanted only one thing: to offer you truly ultimate relaxation. The wonderful surroundings, in the middle of the dunes, provides the perfect basis, but there is more. In our spa everything is geared to making your body and mind totally relaxed. No wonder our spa is popular with hotel guests and other wellness enthusiasts. Here at the edge of the sea they will find peace and relaxation and feel reborn.

In designing our spa, we have stayed very close to ourselves and created an environment in which we feel good: a sauna landscape with a (bio)sauna, a steam bath, experience showers, heat banks and rest areas, but also lots of personal attention and pampering. Be surprised and, above all enjoy! You deserve it.

*We wish you a wonderfully relaxing time,
Peter and Heleen Faas*





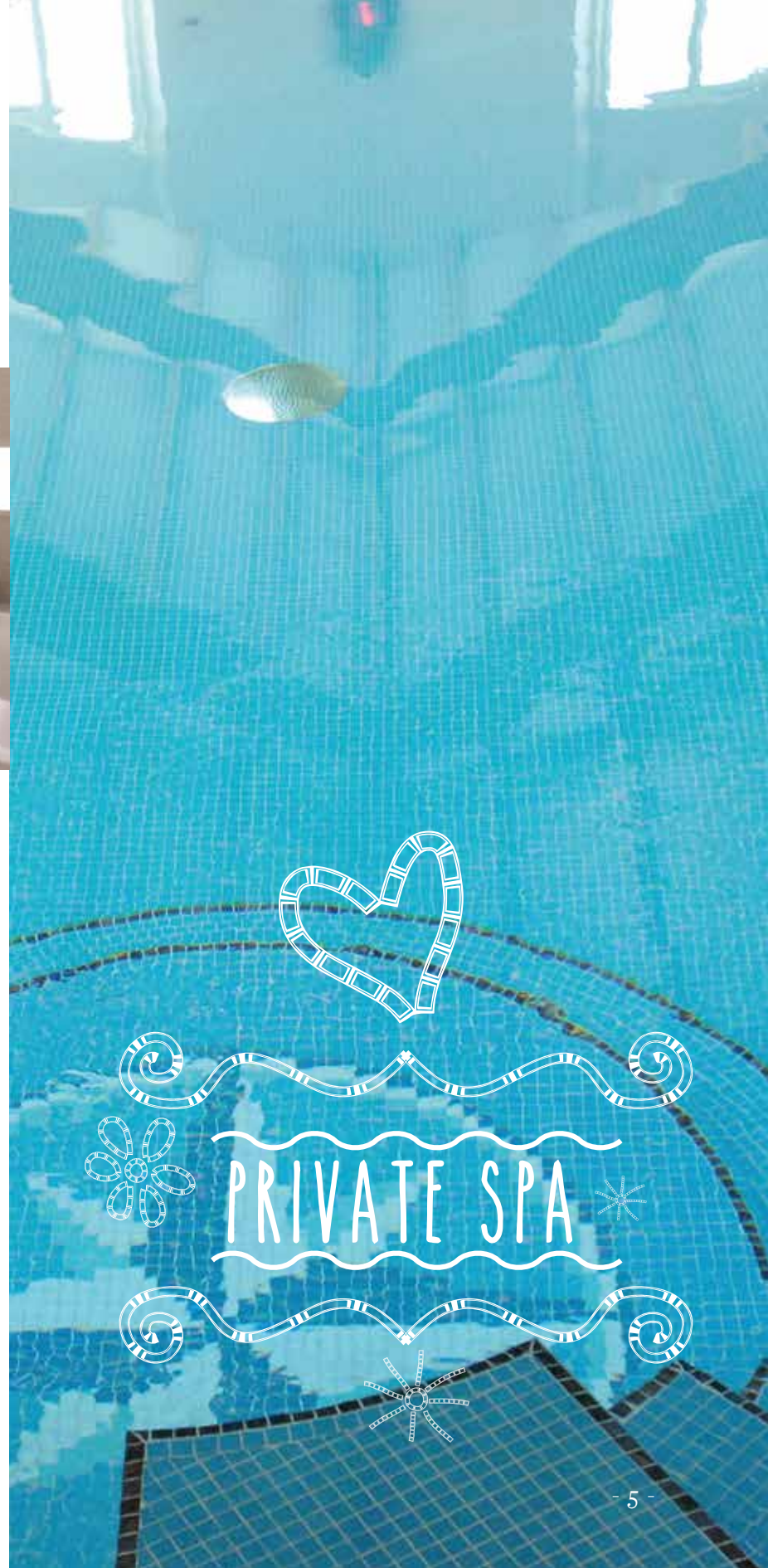
Private spa

A fantastic experience together...

In the Private Spa, enjoy your own oasis of wellness. In a private environment with a sea of candles, a large pebble bath, a spacious rain shower, an infrared sauna, steam bath and a lovely warm waterbed, you can completely relax together. You can even play your own music, as there is a docking station. Of course, we provide delicious fresh water, an alcohol-free bohemian cocktail and a basket of fresh fruit. If you would like to extend this experience with a treatment, you can of course. We offer the option of a relaxing back, neck and shoulder massage for 2 persons.

Duration without treatment total 120 minutes (maximum 2 persons)

Duration 120 minutes including relaxation massage of 25 minutes (maximum 2 persons)





In this spamenu, we have taken inspiration from the many trips we take. We then enjoy the treatments offered in that place by locals. Be surprised by all the wonders of the world! Through scents, music and massage techniques, you will be drawn into the beautiful colourful world of India, the pearly white beaches of the Philippines and the rice fields in China. Enjoy and experience!





Chinese Bamboo massage

China, the land of rice and bamboo. The bamboo massage is figured out centuries ago in China. This treatment is a unique experience through the special massage techniques with the bamboo sticks . The bamboo massage is all about total relaxation and works against fatigue and stress. It will help against muscle stiffness and reduce buttons in the body. In addition, toxic substances are disposed and it will improve the blood circulation. After the treatment you will experience energy and strength and the whole body is in better condition.

Duration of 25 minutes (back, neck, shoulders)

Duration of 45 minutes (back of body)

Rice peeling

Rice has moisturizing and antioxidant properties. Experience the smell of rice during a peeling of the body. Old skin cells will be removed and the blood circulation is stimulated.

Duration of 25 minutes

Chinese experience in the private spa

Of course it is also possible to use the above treatments to combine! We start with a rice peeling and then you can enjoy a 25-minute bamboo massage.

Duration of 50 minutes

Thai rituals for the feet

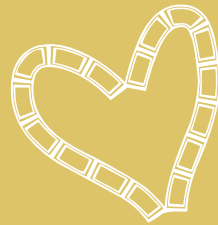
Did you stroll in this beautiful environment or had a walk on the beach and your feet are ready for a bit of relaxation? Then the Thai foot bath ritual is an absolute must. Delicious as a warm-up prior to the Thai foot massage. This treatment helps to relax the body and mind. It stimulates the blood circulation to ensure a good flow of energy pathways.

A Thai foot bath is a wonderfully relaxing ritual in which a herbal bag is added. This herbal bag is filled with nine medicinal herbs. Their deep, medicinal effect has a cleansing effect on the body and the organs. After the foot bath ritual you can enjoy a Thai foot massage that is carried out with sticks and other Thai things. These special massage techniques ensure relaxed feet.

Duration of 25 minutes (foot massage)

Duration of 50 minutes (foot bath ritual and foot massage)





Indian head massage

For centuries the Indian head massage has been an important part in Ayurvedic medicine. In India this is also an important part of daily life. Enjoy yourself with this massage: undressing is not necessary and no oil is used during this massage.

These days, many people regularly suffer from headaches, stress and tension. These accumulate in the head, neck and shoulders. Eliminating the blockages by massaging them provides direct relaxation to the body. During the massage of the upper back, shoulders, neck and scalp is not only provided for relaxation; but it also stimulates circulation, which makes the detox easier and faster to discharge. Completely relax with this relaxing traditional Indian treatment.

Duration of 25 minutes



Filipino seashell massage

With this special massage, with Filipino shells, we offer you a very special heat massage for the whole body. You might be familiar with a hot stone massage? Our shell massage is inspired by this, but also distinguishes itself from the hotstone massage: because the shells are smoother than stones, so you can get a more deeper relaxation. Because the heat of the shells and the smell of coconut you will imagine yourself on the pearly white Philippine beaches during the treatment. Afterwards you will feel rested and full of energy, after this unique experience!

Duration of 60 minutes (whole body)





Hawaiian Lomi Lomi massage

Aloha! You are invited in the embracing and loving spirit of Aloha (unconditional love) to let go of what is not needed anymore so that you can feel who you are essentially: light, loving and free. The original inhabitants of Hawaii mentioned Lomi Lomi a way to reconnect with the spirit.

Lomi Lomi is a massage technique that originated in Hawaii and has been passed on to generations. It is a quiet, rhythmic massage focused on relaxation and healing. The massage reflects the rhythms and movements of the Hawaiian nature: the streams of water, waterfalls and the powerful ocean waves.

A Lomi Lomi massage has a deep effect on the muscular and nervous system. Tensions will be free and good health is encouraged. After the massage you will feel reborn.

Duration of 25 minutes (back, neck and shoulders)

Duration of 45 minutes (whole body)

Hawaiian experience in the private spa

Imagine yourself in Hawaii with this special experience in our Private Spa. To get into the mood, we start with a delicious non-alcoholic bohemian cocktail. We fill the pebble bath for you with fragrant bath water and fresh flowers and petals. This is followed by a coconut-based body scrub and a relaxing Lomi Lomi back massage with a scented oil. Open up and regain new energy thanks to this spiritual experience.

Duration of 75 minutes

Brazilian reinforcement

This treatment is inspired by a Brazilian ritual focused on reducing cellulite on legs, hips and arms. Loved for the firming effect on the skin, caffeine is used in this ritual. The body is spoiled with a delicious coffee scrub. After the treatment we lubricate the body with a firming body cream. An ideal experience against the 'aging' of the skin.

Duration of 45 minutes





Out of Africa

With this intensive body treatment with shea butter we ensure that you will be dreaming of African earthy smells while your skin is receiving proper care. Shea butter is widely recognized as one of the best natural moisturizing products ever since used for skin and hair care. Shea butter is extracted from the nuts of the African Karite tree. Because of the many positive qualities, the Karite tree is also called Tree of Life.

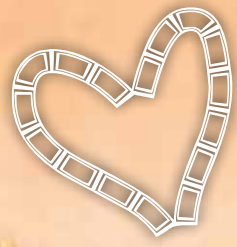
Duration of 25 minutes (whole body)

Oriental cleaning ritual

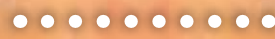
Where the odors go, the stress disappears: body and mind relax. Like a traditional hammam treatment, a cleansing ritual with centuries-old history, you start in the steam bath of our Private Spa. The body is then soaped with black soap. This is followed by a body scrub with the traditional "kessa" glove. The moisturizing rhassoul packing ensures hydration of the skin. Then relax during a back massage with Argan oil and end the treatment with a delicious cup of fresh mint tea. Discover this source of peace and beauty.

Duration of 75 minutes

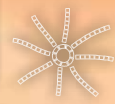




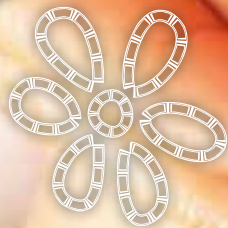
SEASIDE SPA ESCAPE



SEA
CREATION



FACIALS





Every facial starts with an individual skin analysis to ensure we only use the products which suit and compliment your skin. Depending on your relaxation time, the treatment is extended with products and techniques that will only make your skin glow even more.

Mini facial treatment; beauty flirt

Only a small amount of time is needed to make your skin feel nutritional. In this facial treatment we will introduce you to Babor's wonderful products. Cleansing - exfoliation - ampoule - mask - day care.

Duration of 25 minutes

Classic facial treatment

During this facial, we take time for your face. Impurities are removed and your eyebrows are touched up.

Cleansing - circulation mask - peeling - ampoule - mask - day care

Duration of 45 minutes

Premium facial treatment

This luxurious anti-aging treatment provides long-lasting youthful beauty; for longer, you can enjoy a wonderful younger appearance.

The products work intensively tightening and moisturizing and provide an immediately visible lifting effect. On top of the base, impurities are removed and your eyebrows into shape. With a lifting eye cream and a lifting mask, you can once again enjoy the rest of your stay radiantly enjoy.

Cleansing - circulation mask - peeling - serum - massage - mask - day care

Duration of 75 minutes

Sea Creation

The Sea Creation treatment starts with a relaxing massage to the neck and shoulders with hot stones. Then the skin of the face is cleansed and we apply a circulation mask. Thanks to a peeling liquid, dead skin cells soften, improving skin texture. While a detoxifying clay mask soaks in, your arms are rubbed with a cleansing foam that is infused with body brushes.

Time for the infamous "sea creation - the serum" which works specifically on fine lines and wrinkles. Boost for the eyes and lips is realized with "sea creation - eye cream" in combination with a lifting touch massage with a pressure point treatment for radiant eyes. We conclude this splendid treatment with a cooled mask topped with a heated "sea creation - foil mask". While this mask settles, we gently massage your hands and arms with "sea creation - the cream". Maximum fulfilment!

Duration of 120 minutes

Gentleman's facial

Especially for the real men's skin, we offer a customised facial: the Gentleman's Facial. We first cleanse the skin thoroughly, followed by a deep cleansing to remove dead skin cells to ensure that the active ingredients are absorbed much more effectively. After removing impurities, an ampoule is massaged in after which you will enjoy a short massage of the head, neck and shoulders. To finish, we apply a mask, leaving the skin looking fresher, stronger and more energetic!

Duration of 45 minutes

Extra's

Chin wax

Upper lip wax

Eyebrow shaping

Eyebrow dying

Eyelash dying



Zeeland Experience

Zeeland Experience, the part of the Netherlands where the salty sea heaves a deep salty sigh! The sea is an important source of life. This treatment is the perfect experience to immerse yourself in all that the sea has to offer. We fill the pebble bath for you with bath water and fresh seaweed. Meanwhile, you will enjoy a delicious non-alcoholic cocktail based on Zeeland's Appelaere. Seaweed is known for its healing and anti-inflammatory properties. This is followed by a body scrub based on seaweed and sand and a relaxing back massage with seaweed oil.

Duration 75 minutes

Zeeland Private Spa

Enjoy each other in the Private Spa. We provide delicious fresh water a basket of fresh fruit. We fill the pebble bath for you with bath water and fresh seaweed. Seaweed is known for its healing and anti-inflammatory properties. Furthermore, in this room you can enjoy the spacious rain shower, infrared sauna, steam bath and lovely warm waterbed. Would you like to extend this treatment with a back massage with seaweed oil, you can of course.

Duration 120 minutes (including seaweed bath)

Duration 120 minutes (including back massage with seaweed oil 25 minutes and seaweed bath)





Hands

Beautiful hands O.P.I.

From all that searching for shells and shark teeth, your hands might have gotten a bit rough... With the Beautiful Hands Treatment by O.P.I. will make your hands wonderfully supple and soft. This spa manicure consists of an exfoliation of the hands, nourishing the cuticles, filing the nails and applying a application of a delightful hand cream during a relaxing hand massage. Finally, we paint your nails with O.P.I gel polish. Of course you can choose from a wide range of colours.

Duration of 45 minutes

If you already have polish on your nails, we can also remove it for you.

Duration of 20 minutes

Mini Beautiful Hands

This spa manicure offers both him and her a beneficial care. We start with a wonderful scrub for the hands, followed by filing your nails and treating your cuticles cared for. Finally, we massage in a soothing hand cream.

Duration of 25 minutes

Mommy-to-be Pregnancy massage

Just a moment for the mum-to-be. Our pregnancy massage has positive effects on, among other things, your your fatigue and any back pain. Also reduces the production of stress hormones and fewer complications during childbirth. We tailor the massage techniques individually to suit you.

Duration of 45 minutes

Products

*At our spa, we offer various treatments for the body and face. For facial treatments, we use the products of **Babor**, a leading German cosmetics company. In our own laboratories, we continuously work on improving products and treatments. Renowned universities and other scientific institutes and massage specialists guarantee that the effects of Babor products and treatments are at the the highest level are effective for the skin.*

*For all worldly experiences and body treatments, we collaborate with the originally Slovakian Martyna Machajdiková of **Pure & Fun Cosmetics**. After completing her Master's degrees in Biology and Chemistry, she moved to Belgium and currently lives and works in Knokke. Martyna is possessed by the virus of healthy food and healthy lifestyle. She noticed that many existing cosmetics products are manufactured with additives and dangerous substances and that inspired her to set up her own cosmetics line. All her products are formulated from the best available natural ingredients and are made by her, by hand and with much love and passion, made by her. All raw materials used are 100% natural and never chemicals added to the preparations. Martyna processes the natural ingredients into essential oils that give a wonderful fragrance to the exfoliating soaps, massage oils and creams used during the treatments.*

*For many, the sea is pure enjoyment and a source of relaxation. **Zjí Sea Wellness at Home** brings that seaside feeling to your home. Purely natural elements, such as seaweed which is sustainable in cultivation and can subsequently be used as compost. Sustainable also in packaging material formed from fishing nets and oyster shells that serve as scoops. In the hotel, we work with seaweed, seaweed oil and a seaweed and sand-based body scrub from Zjí.*





Gift tip

Looking for a romantic or original gift for your partner, family or friends? Consider a Spa & Wellness gift voucher from Noordzee, Hotel & Spa.

"Indulge your nearest and dearest with a Spa & Wellness gift voucher"

Swimming pool

If the weather is bad or the sea water is still too cold, you can enjoy our indoor pool with whirlpool, located in a boathouse. Here you can relax on one of the comfortable loungers around the pool or in the beach chairs on the terrace.

The pool is open daily from 08:00 to 21:00.

Sauna landscape

Inspired by the rich bathing culture found in the renowned seaside resorts, Noordzee, Hotel & Spa offers you all the comfort you could wish for in the sauna landscape. Optimal pampering with a Finnish sauna, bio sauna, steam bath, two experience showers and a lovely relaxation room.

The sauna landscape is open daily from 14:00 to 21:00.

Important to know!

We wish you a treatment that suits you and we gladly advise you when making your choice. Please tell us what your wishes and expectations are, so that we can find a treatment that suits you perfectly. Also let us know if you have health problems or if you are pregnant so that we can take this into account.

Our hotel guests are free to use the wellness area. Guests from outside can only use the wellness facilities in combination with a spa treatment. Access to the wellness for external guests costs 25,- per person (including the use of sauna towels, bathrobe and slippers). Bathing clothes are not allowed in the sauna area.

If you book a spa treatment, you can cancel it free of charge up to 24 hours in advance. In the event of cancellation less than 24 hours in 50% of the price of the treatment will be charged. For guests who, without letting us know, do not appear to their appointment, we are entitled to charge 100% of the price of the treatment.



SEASIDE SPA ESCAPE

EXPERIENCE
HOTEL
NOORDZEE



Noordzeestraat 2, 4506 KM Cadzand, Nederland

T +31 (0)117-391810

info@hotelnoordzee.com

www.hotelnoordzee.com

